



Welcome to Animals in Mind® Animal-Assisted Therapy and Education

FEES POLICY EXPLAINED

Individual Client 1-1 Session Costs

Updated 6th February 2023

Overview

The fees set out within are for Animal Assisted Therapy with a single client. They are outlined to help clients, their carers / parents and advocates understand what the cost of AAT is prior to deciding to enter into a session, or series of sessions. The fees policy should be read in conjunction with the client consent form.

Transparency

The fees for your specific programme will be provided in a written quote prior to the needs assessment meeting, so will be based on information provided in the initial enquiry and booking conversations. Any recommended adjustments to the number of sessions, or any course of action that incurs additional costs will be clearly explained prior to the costs being incurred so that you have absolute confidence in the cost of the Animal Assisted Therapy.

Number of sessions

Most 1-1 AAT activities take place across a number of regular sessions, usually lasting between six and 15 weeks. Individual sessions can be booked for specific purposes / goals. However, at Animals in Mind® we usually work with clients who have specific goals that require a period of time to be successful.

Fees

All fees quoted below are for sessions at Animals in Mind® base (NN69LB), which is where the animals live, so provides the most natural environment for you to interact and for sessions that are activity based or include play or behavioural work with different animals.

If clients are paying per session, the rate is £90 per session (60-90 minutes).

One of sessions, such as phobia work, or sessions paid on a session by session basis cost £90 per session – usually 60-90 minutes (excluding travel).

Prices are reduced for block booked series of sessions as below, and blocks of 6-15 weeks are most often more effective on longer term behaviour change linked to some client goals¹. However, this requires the fee to be paid in advance of the series of bookings.

¹ O'Haire et al, (2012)

Individual Client Rates		
Block Type	Price	Included
Block booking of six sessions (individual client rate)	£65 per session (60 mins). Total Cost: £390 (excl travel if req'd)	<ul style="list-style-type: none"> A Pre-booking / consent telephone conference with you / advocate to gauge the desired needs and goals and establish if AAT is right for you. Six sessions x 45-55 minutes (usually 1-2 sessions per week). This commences with an induction / introductory session to establish client likes goals / preferences and confirm consent. Debrief / report to advocate / parent / carer / guardian at start / mid-stage and summary report of achievements (or more by session, where needed) Summary report of the programme and goals and follow up meet and greet with client six weeks post programme (where needed)
Block booking of 12 sessions (or more) (individual client rate)	£60.00 per hour session Total Cost: £720 (excl travel if req'd)	<ul style="list-style-type: none"> Pre-booking / consent telephone conference as stated above 12 sessions x 45-55 minutes (usually 1 or 2 sessions per week). Initial session one assessment session (as stated above) Debrief / reports and summary reports as above
Other possible charges		
Travel fees Travel Time	.45p per mile (IR rate) Up to £30 per hour	<p>If mileage is chargeable, it will be notified up front. AiM tend to only travel up to a maximum of 30 minutes due to animal welfare.</p> <p>Travel time can be by negotiation but may be up to £30 per hour for longer distances. Set up costs each end will not be charged, but please note, animals may need to arrive 15 minutes or more ahead of any session to allow relaxation from the journey, so this charge is not passed to the client, but clients are asked to appreciate that the AiM team may be 'at work' for an additional 45-90 minutes per average home / off-site visit.</p>
Meetings / reports / emails / additional de-briefing	£12 per 15 minutes	Each block booking has significant amounts of additional time allocated for de-briefing / reporting. However, occasionally, additional time may be requested. We will notify you of this prior to incurring costs. If additional home visits, or case meetings are required, this will be charged at £12.00 per 15 minutes.

Invoicing and Payment

An invoice will be issued at the time of confirmation of a booking.

Payment for block bookings is due in full at the time of booking. Alternative arrangements can be considered upon request. Clients booking yearly or termly sessions following the initial block booking period can be put onto a staged invoicing system at the lowest sessional rate. Monthly invoicing will be paid one month in advance. Payment for single, individual sessions is **prior** to the session.

AiM can accept cash, cheques or same-day bank transfers, the latter is preferred. Same day receipts will be sent to you electronically directly from QuickBooks accounting software. Invoices and receipts will be provided to you, or your carer / advocate / parent automatically and usually to the provided email address, but paper receipts either handed to you, or posted can be provided.

Cancellations

If you need to cancel, change, or postpone an appointment, please let me know two days in advance of your appointment unless you are facing an unforeseen circumstance that prevents you from attending. Same-day cancellations will try to be accommodated but if an appointment is not attended, the full appointment charge will stand and the session will be forfeit.

Consent

Prior to any booking, AiM would require individual (or signed by a carer / advocate) to complete an informed consent form. We are unable to commence any sessions until this is received, as this forms part of our duty of care, safeguarding, animal welfare and health and safety policies, and enables us to plan a safe and effective sessions for all concerned. This will be sent to all clients at the time a booking is confirmed. Please see AiM privacy statement on our website where we assure the security and confidentiality of your information.

Lynn Hart

Owner and Director, Animals in Mind® - Animal Assisted Therapy and Education